



KAJUN MARTIAL ARTS

Personal Development ♦ Self-Defense ♦ Optimum Health
www.KajunMartialArts.com
 225-313-6849

Prairieville Location

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mighty Warrior Beginner – Yellow Sr. 4:45 – 5:30	Mighty Warrior Gold - Above 4:45 – 5:30	Mighty Warrior Beginner – Yellow Sr. 4:45 – 5:30	Mighty Warrior Gold - Above 4:45 – 5:30		Mighty Warrior, Youth, & Adult All Ranks 9:00 – 9:45
Youth Beginner – Gold Sr. 5:00 – 5:45	Youth Orange - Above 5:00 – 5:45	Youth Beginner – Gold Sr. 5:00 – 5:45	Youth Orange - Above 5:00 – 5:45		Black Belt ALL Ranks 9:00 – 10:30
Little Warrior White – Purple Stripe 5:45 – 6:15	Little Warrior Red - Above 5:45 – 6:15	Little Warrior White – Purple Stripe 5:45 – 6:15	Little Warrior Red - Above 5:45 – 6:15	Little Warrior ALL Ranks 5:00 – 5:30	Little Warrior ALL Ranks 10:30 – 11:00
Mighty Warrior Gold – Above 6:00 – 6:45	Mighty Warrior Beginner – Yellow Sr. 6:00 – 6:45	Mighty Warrior Gold – Above 6:00 – 6:45	Mighty Warrior Beginner – Yellow Sr. 6:00 – 6:45	Mighty Warrior All Ranks 5:30 – 6:15	Kickboxing 11:15 – 12:15
Youth & Adult Orange - Above 6:15 – 7:00	Adult ALL Ranks 6:15 – 7:00	Youth & Adult Orange - Above 6:15 – 7:00	Adult ALL Ranks 6:15 – 7:00	Youth & Adult ALL Ranks 6:30 – 7:15	MASTERS CLUB BLACK BELT CLUB Usually 1 st Friday of every month. ALL REGULAR CLASSES CANCELED Little Warriors & Mighty Warriors All Ranks 5:30 - 6:15 Youth All Ranks 6:15 – 7:00 Adult All Ranks 7:00 – 8:15
Adult ALL Ranks 7:00 – 7:45	Youth & Adult Beginner – Gold Sr. 7:00 – 7:45	Adult ALL Ranks 7:00 – 7:45	Youth & Adult Beginner – Gold Sr. 7:00 – 7:45	Instructor Training See Calendar for Dates 7:45 – 8:15	
Red Belt and Above BB Excellence 2 nd and 4 th Monday 8:00 – 8:30		Black Belt ALL Ranks 7:00 – 8:30			
Kickboxing 7:15 – 8:15	Kickboxing 7:45 – 8:45	Kickboxing 7:15 – 8:15	Kickboxing 7:45 – 8:45		
		<i>*Last Wednesday of every month is Grappling Class from 7:00 – 8:00. Regular Classes Canceled.</i>			

Little Warrior – Ages 3-5 ♦ Mighty Warrior – Ages 5-8 ♦ Youth – Ages 9-14 ♦ Adults – Ages 14 and up

Master Club Members Only: On designated weeks, all regular classes are extended by 15 min. to practice special material and topics. See monthly calendar for the weeks. *Remember to bring your **weapons** for these special classes.

Schedule of Classes Effective February 13, 2012