



KAJUN MARTIAL ARTS

Personal Development ♦ Self-Defense ♦ Optimum Health
www.KajunMartialArts.com
 225-313-6849

Watson Location

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Special Needs 4:00 - 4:45		Special Needs 4:00 - 4:45		Black Belt Excellence 9:00 – 9:30 (2nd Sat of each mth)
Mighty Warrior Youth Beginner – Yellow Sr. 4:45 - 5:30	Mighty Warrior Gold - Above 4:45 - 5:30	Mighty Warrior Youth Beginner – Yellow Sr. 4:45 - 5:30	Mighty Warrior Gold - Above 4:45 - 5:30		MW/Youth/Adult All Ranks 9:30 – 10:15
Little Warrior White – Purple Stripe 5:45 - 6:15	Little Warrior Red - Above 5:45 - 6:15	Little Warrior White – Purple Stripe 5:45 - 6:15	Little Warrior Red - Above 5:45 - 6:15		Little Warrior ALL Ranks 10:30 – 11:00
Youth & Adult Beginner to YB Sr. 6:15 – 7:00	MW/Youth/Adult Gold+ 6:15 – 7:00	Youth & Adult Beginner to YB Sr. 6:15 – 7:00	MW/Youth/Adult Gold+ 6:15 – 7:00		Kickboxing 11:15 – 12:15
MW/Youth/Adult Gold+ 7:15- 8:00	MW, Youth & Adult Beginner – Gold Sr. 7:15 – 8:00	MW/Youth/Adult Gold+ 7:15- 8:00	MW, Youth & Adult Beginner – Gold Sr. 7:15 – 8:00	MASTERS CLUB BLACK BELT CLUB (PVL) Usually 1 st Friday of every month. ALL REGULAR CLASSES CANCELED Little Warriors & Mighty Warriors All Ranks 5:30 - 6:15 Youth All Ranks 6:15 – 7:00 Adult All Ranks 7:00 - 8:15	MASTERS CLUB BLACK BELT CLUB (WATSON) Usually 1 st Saturday of every month. ALL REGULAR CLASSES CANCELED MW/Youth/Adult All Ranks 9:30 – 10:15 Little Warriors All Ranks 10:15 – 11:15
Kickboxing 8:15 – 9:15	Kickboxing 8:15 – 9:15		Kickboxing 8:15 – 9:15		

Little Warrior – Ages 3-5 ♦ Mighty Warrior – Ages 5-8 ♦ Youth – Ages 9-14 ♦ Adults – Ages 14 and up

Master Club Members Only: On designated weeks, all regular classes are extended by 15 min. to practice special material. See monthly calendar for the weeks. *Remember to bring your **weapons** for these special classes.

Schedule of Classes Effective February 13, 2012